

Community of Practice: Patient & Family Centered Care



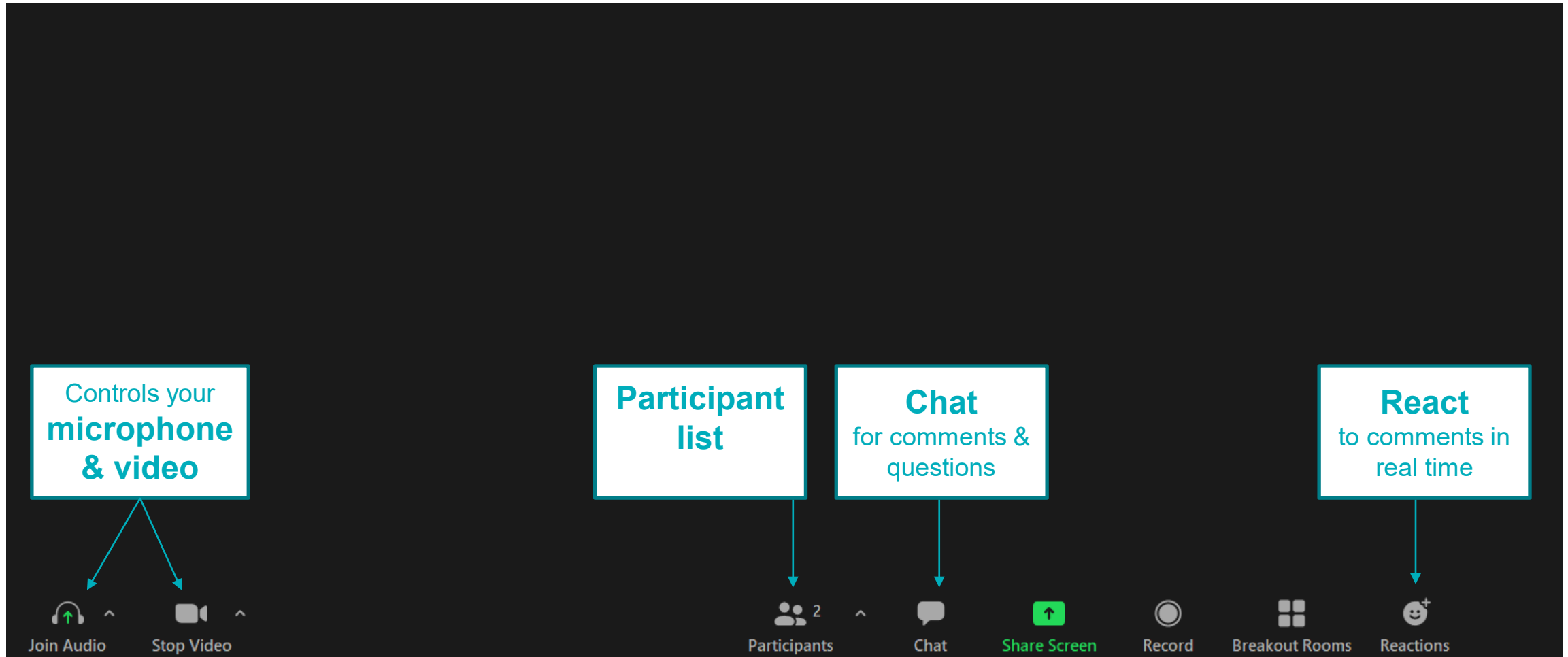
Pediatric Eating
And Swallowing

We begin by acknowledging that our work is conducted on the territories of Treaty Six, Seven, and Eight and the homeland of the Metis.

We also acknowledge the many indigenous communities that have been forged in urban centres across Alberta.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with indigenous communities in a spirit of reconciliation and collaboration.





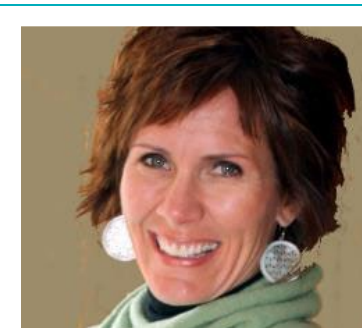
Welcome

- Introductions
- Updates
- Family Story
- PEAS Patient & Family Centered Care resources
- Family engagement in your area
- Discussion & Scenarios
- Wrap-up
- Optional: 30 min Percolator



ACH Manager

Melanie Matiisen-Dewar



South Zone Manager

Tricia Miller



Prov. Project Manager

Vanessa Steinke

Purpose

The Pediatric Eating And Swallowing (PEAS) Community of Practice (CoP) is an interdisciplinary, **provincial CoP for healthcare providers** working with patients with **pediatric feeding disorder¹** (PFD) across the continuum of care in Alberta.

We want to harness the power of collaboration to enhance and improve **interdisciplinary practice** in PFD, to attain the best outcomes for children and their families.



¹ Goday PS et al. *Pediatric Feeding Disorder: Consensus Definition and Conceptual Framework*. J Pediatr Gastroenterol Nutr. 2019 Jan;68(1):124-129.

Setting the Stage

- Foster a culture of learning
 - Nurture a safe space for members to share and collaborate
 - Build trust among members
 - Focus on process, not people
 - Promote interprofessional care provision to patients and clients
 - Active participation through sharing perspectives and experience
 - Build networks between AHS teams, facilities, and zones
 - Listen together for deeper themes, insights and questions
 - Turn on your camera (where possible)
-

CoP Facilitation Team



Dr. Carole-Anne Hapcyhn

Psychiatrist, Infant & Early Childhood Mental Health
Glenrose Rehabilitation Hospital

Shelbi Roy

Registered Nurse
Pediatric Home Nutrition Support Program
Stollery Children's Hospital

Sarah McKenna

Dietitian
Nutrition, Food, Linen & Environmental Services
Alberta Children's Hospital

Dr. Justine Turner

Professor Pediatrics
Divisional Director, Gastroenterology & Nutrition
Stollery Children's Hospital

Victoria Micek

Occupational Therapist - Pediatric Team Lead
Pediatric Division Lead
Glenrose Rehabilitation Hospital

Kitty Yim

Patient Food Service Supervisor
Nutrition and Food Services
Alberta Children's Hospital

Louise Mills

Discipline Leader - Speech-Language Pathology
Alberta Children's Hospital

[FOR PROVIDERS](#)[CLINICAL PRACTICE GUIDE](#)[CLINICAL TOOLS & FORMS](#)[COLLABORATIVE PRACTICE](#)[PROFESSIONAL DEVELOPMENT](#)[COMMUNITY OF PRACTICE](#)[FAMILY RESOURCES](#)

QUICK LINKS

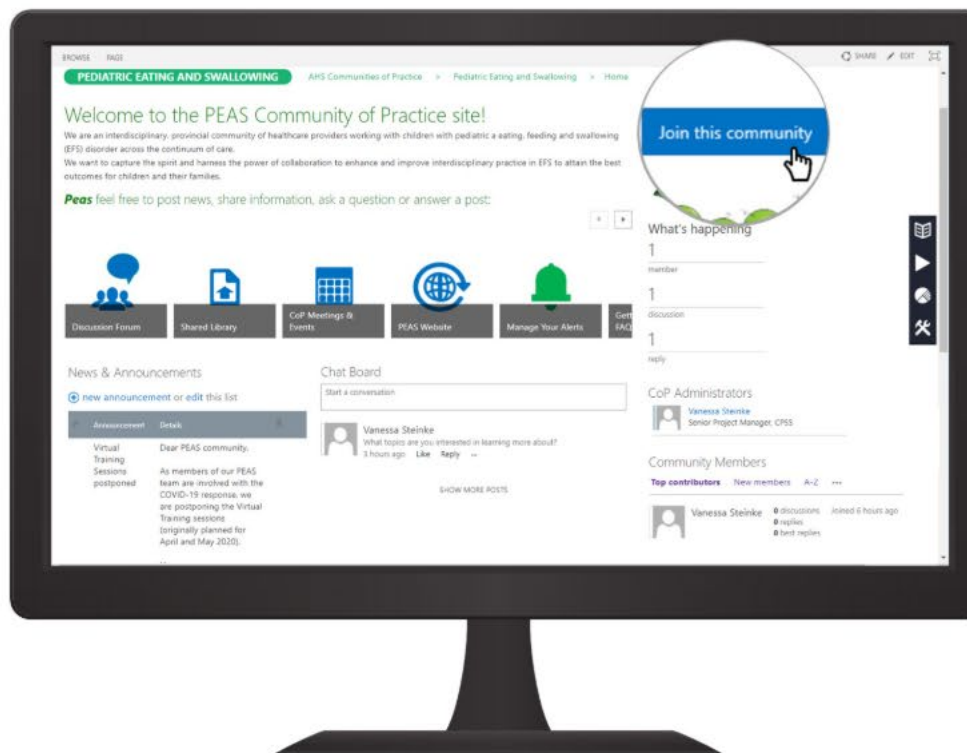
[✓ CPG QUICK REFERENCE](#)[✓ ORDER FORMS & HANDOUTS](#)[✓ FIND SERVICES](#)[✓ VIRTUAL HEALTH](#)[✓ EQUIPMENT & SUPPLIES](#)[✓ FUNDING INFORMATION](#)[✓ FOR FAMILIES](#)[✓ NEWS AND EVENTS](#)

Community of Practice

We have just launched the Pediatric Eating And Swallowing Community of Practice (CoP) for healthcare providers who work with children with a pediatric eating, feeding and swallowing (EFS) disorder. This virtual CoP is an interdisciplinary community of healthcare providers across the continuum of care in Alberta. The goal of this CoP is to capture the spirit and harness the power of collaboration to enhance and improve interdisciplinary practice in EFS to attain the best outcomes for children and their families.

To join the PEAS Community of Practice:

1. You must be a healthcare provider with an AHS account.
*See below for information on how to obtain an AHS account.
2. Go to the PEAS CoP website here: <https://extranet.ahsnet.ca/teams/CoP/PEAS/SitePages/Home.aspx>
If prompted, enter your AHS account name and password.
3. Click "Join this community" as shown below. That's it!



PEAS shortlisted for:

**HEALTH QUALITY
COUNCIL OF ALBERTA**



Award recipients will be announced June 2023

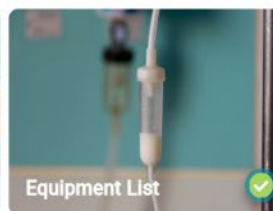
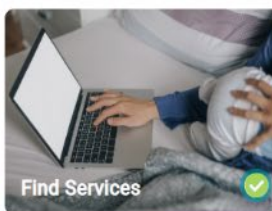
Find relevant information

For families and care providers of children with an eating, feeding and swallowing disorder

FOR FAMILIES

FOR PROVIDERS

Popular Resources for Families



peas.ahs.ca

Business Cards



Pediatric Eating And Swallowing
peas.ahs.ca

Find relevant information for families of children with eating, feeding and swallowing difficulties

- Handouts & Videos
- Goals & Care Plans
- Family Life & Self Care
- Equipment & Supplies
- Benefits & Coverage
- Peer Support

Learn more at peas.ahs.ca

Email signature line

Pediatric Eating and Swallowing
peas.ahs.ca




Website for families and care providers of children with eating, feeding and swallowing difficulties

Advertising



Brochures & Posters



Pediatric Eating And Swallowing
peas.ahs.ca



Website for families of children with eating, feeding and swallowing difficulties



◀ For EFS Service Sites



Handouts & Videos

A variety of resources are available for oral feeding and tube feeding



Communication Tools

Templates to help share your goals and document a care plan for people caring for your child



Family Life & Self Care

Families can often experience stress and anxiety as mealtime is an important part of daily life and health



Equipment & Supplies

Information on supplies to support oral and tube feeding



Benefits & Coverage

You may qualify for funding to help cover the costs of equipment or formula



Peer Support

Family Peer Mentors are available who have similar experiences

▶ For Public Health Primary Care Community Health

Is Feeding a Struggle?



Find relevant information For families of children with eating, feeding and swallowing difficulties



Pediatric Eating And Swallowing
peas.ahs.ca



Is Feeding a Struggle?

Access a questionnaire to help you better understand and identify concerns



Find Services

AHS and other service providers



Family Life & Self Care

Families can often experience stress and anxiety as mealtime is an important part of daily life and health.



Handouts & Videos



Equipment & Supplies



Peer Support

For 24/7 nurse advice and general health information, call Health Link at 811. document # (2023-MM-DD)



For 24/7 nurse advice and general health information, call Health Link at 811. document # (2023-MM-DD)



Family Story

Chantelle Coleman

Happy Birthday
Chantelle!

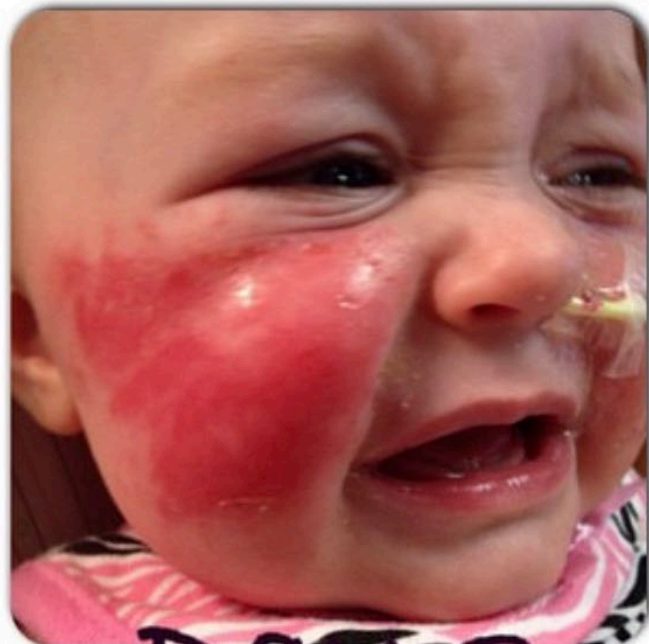








MOMMY'S
LITTLE
SWEETIE







Oral Feeding Care Plan

Goal Wheel

Alberta Health Services

Goal Wheel

Collaborative Goals and Treatment Plan

Developed and Shared with (Name of family member) _____ Date (dd-Mon-yyyy) _____

Action/Task	Action/Task
Action/Task	Action/Task

Goal Notes/Considerations:

Follow Up

Healthcare Provider (Last name, first name)	Designation
Signature	Contact Information

20772(Rev2020-02) White - AHS Provider Yellow - Client

Alberta Health Services

Pediatric Oral Feeding Care Plan

Developed And Shared with (Name of family Member) _____ Date (dd-Mon-yyyy) _____

Child's Preferred Name (Last name, first name) _____

Medical Condition(s) _____

Food Restrictions or Allergies _____

Emergency Contact (s) _____

Diet/Food Preparation

Drink Thickness* For examples of each, please click on the links provided below

- Thin (Level 0) (includes breastmilk)
- Slightly Thick Fluids (Level 1) (includes commercially available 'Anti-regurgitation' infant formulas)
- Mildly Thick Fluids (Level 2)
- Moderately Thick Fluids (Level 3)
- Liquidised (Level 3)
- Extremely Thick Fluids (Level 4)

Food Texture* For examples of each, please click on the links provided below

- Pureed (Level 4)
- Minced and Moist (Level 5)
- Soft and Bite Sized (Level 6)
- Regular Easy to Chew (Level 7)
- Regular (Level 7)
- Transitional Foods (Meltables)
- Mixed Consistency Allowed

Oral Feeding Recommendations and Precautions

Safe for oral medication Yes No

Level of Independence with Eating and Drinking, e.g., supervision required, assistance required

Feeding Techniques and Precautions

Amount of food per bite: _____

Food placement: _____

Pacing: e.g., _____

Offer drink after _____ bites

Other _____

Typical Intake: _____

21587(2020-03) White - Chart Canary - Patient/Parent Page 1 of 2

Tube Feeding Care Plan

Alberta Health Services

Pediatric Tube Feeding Care Plan

Developed And Shared with (Name of family Member) _____ Date (dd-Mon-yyyy) _____

Child's Preferred Name (Last name, first name) _____

Medical Conditions _____

Food Restrictions or Allergies _____

Emergency Contacts _____

Oral Feeding

Concerns with:

Safely feeding by mouth Yes No

Safely drinking Yes No

Comment _____

Oral Recommendations (check all that apply)

No food or drink by mouth

Stimulation

Eat or drink as desired

See Oral Feeding Care Plan for additional details

Tube Feeding

Reason for Feeding Tube _____

Name/Type of Tube _____

Date of Tube Insertion (dd-Mon-yyyy) _____

Size of Tube (French) _____

Date of last Tube Change (dd-Mon-yyyy) _____

Feed Type (Breastmilk, Formula, Home Blended Food) _____

Calorie Concentration _____

Total amount each day _____

Recipe (include a detailed recipe where applicable)

21907(2022-07) Copy 1 - Chart Copy 2 - Patient/Parent Page 1 of 4



Find relevant information

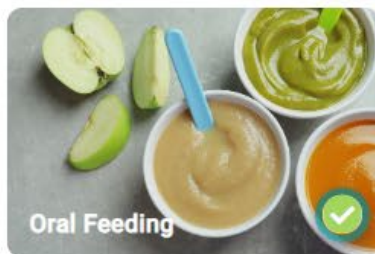
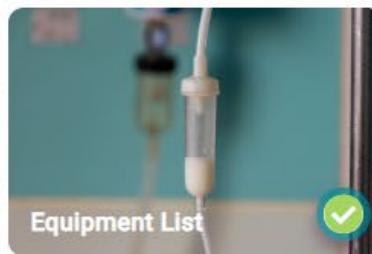
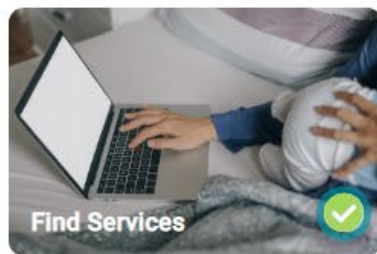
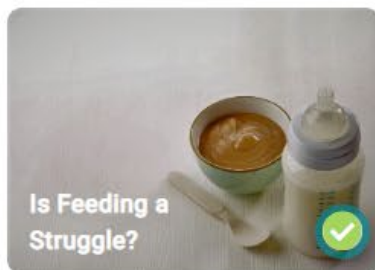
For families and care providers of children with eating, feeding, and swallowing difficulties

FOR FAMILIES

FOR PROVIDERS



Popular Resources for Families











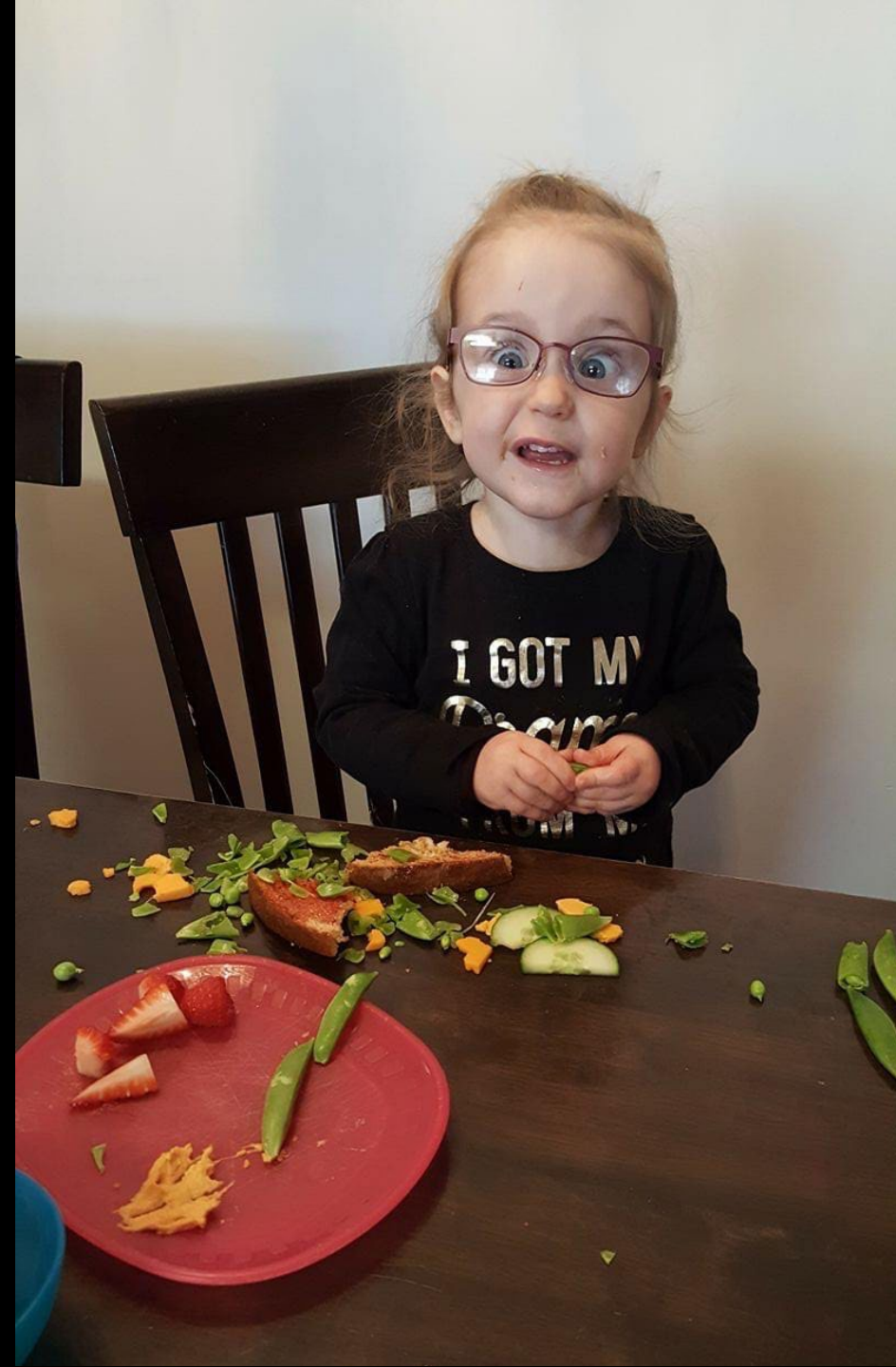






EVERYONE POOPS
By Taro Gomi
SCHOLASTIC

HAPPY & free























Questions & Comments?

PEAS Family Centered Care Resources

Vanessa Steinke

Family Engagement in Your Area

Juliana Harris

Family Engagement

- Value of continued engagement
- Different ways to engage families



Many different ways to continue to engage families

- **Clinic level**

- Regular website updates – current, helpful resources and tools
 - Updates on programs/services
 - Other clinic/service communication
 - Surveys – one-time or ongoing
 - Suggestion box
 - Leadership rounding
-

Many different ways to continue to engage families

- **Ad-hoc input/feedback**

- E-Advisor Pool of parents/caregivers
- Focus groups
- Consult at ACH/Stollery family advisory councils

- **QI/Research projects**

- Parent/Caregiver advisor on a committee/working group
 - Ongoing consultation with advisory councils
 - Co-lead caregiver partner approaches
-

CONTACTS

Calgary Zone (and area) – The ACH PFCC Team

- Email: achpfcc@ahs.ca

Edmonton Zone (and area) – The Stollery PFCC Team

- Email: stollery.pfcc@ahs.ca

Other

- Provincial Patient Engagement
 - Email: patient.engagement@ahs.ca
-

Discussion & Scenarios

Melanie Matiisen-Dewar



**Alberta Health
Services**

Pediatric Eating
And Swallowing

What's New in the Clinical Practice Guide

Expert Panel | May 18, 2023

10:30-11:30 + Percolator 11:30-12PM

Free - Register on Eventbrite:

<https://peas-cpg.eventbrite.ca>



30 Min Percolator (optional)

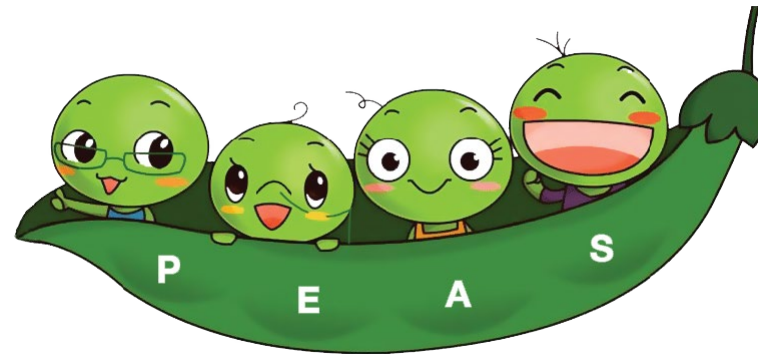




Contact Us

PEAS.Project@ahs.ca

Thank you!



PEAS.Project@ahs.ca

https://redcap.link/peas_cop1
